

# CYRUS DEAN CASTRODES

#### **PERSONAL LIFE**

Extremely motivated to constantly develop my skills and grow professionally. I am confident in my ability to come up with interesting ideas.

#### SKILLS

•The ability to work under pressure and multi-task

•The ability to follow instructions and deliver quality results

• Good communications & comprehension skills

• Adoptable, flexible and ready to learn

#### **CONTACT DETAILS:**

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### **ACADEMIC HISTORY**

National College of Science and Technology BACHELOR OF SCIENCE IN TOURISM MANAGEMENT -2018 to 2021

Lyceum Of the Philippines University BACHELER OF INFORMATION TECHNOLOGY - 2014 to 2016

## **HOBBIES & INTERESTS**

- Bodybuilding/Calisthenics
- Muay Thai/Karate/MMA
- Biking Riding
- Distance Running
- Swimming
- Competitive Gamer

#### **EMPLOYMENT HISTORY**

- Virtual Assistant Freelancer
- Social Media Manager Freelancer
- Social Media Ads Freelancer